



Education

Doctor of Philosophy in Counseling Psychology. May 1997
Texas Tech University, APA accredited Psychology Department, Lubbock.
Master of Arts Counseling Psychology. May 1994
Texas Tech University, APA accredited Psychology Department, Lubbock.
Bachelor of Arts Journalism (Psychology minor). 1990
Texas A&M University, College Station.

Experience

August 2000- Present. Consulting and Private Practice. Positive Potential Counseling & Consulting, Inc. Honolulu, Hawaii. Independent practitioner providing services to organizations and individuals. General practice for adults with training and workshops for organizations.

Jan. 2006 to Sept. 2007. Associate Professor. Argosy University of Honolulu. Core faculty member in APA accredited doctoral clinical psychology program. Duties include: teaching, advising, administration, admissions committee, salary review committee. Direct and oversee the implementation of a post-doctoral masters program in psychopharmacology.

August 1996 to 2006. Director of Counseling and Wellness Center; Disability Coordinator, Chaminade University of Honolulu. Honolulu, Hawaii. Provided full range of services including disability accommodations.

December 2001 to 2004. Hawaii Psychological Association. Legislative Committee Chair and Federal Advocacy Coordinator. Provide leadership and coordination of state-wide professional organization for state and federal legislative advocacy. Performed fundraising for legislators, created informational newsletter and gave direct testimony at hearings.

December 2000- 2003. Higher, Faster, Stronger TV show. Program Development Consultant. Worked as psychology consultant with Hawaii Sports Network to design a program assisting teens and their families in life success. Wrote workbook, provided content for NBC TV program, created team-building exercises, motivational speeches and seminars.

May 1994- June 1995. Clinical Codirector, Texas Tech Psychology Clinic, Lubbock, Texas. Co-administrator for community mental health clinic serving nine counties. Scored various psychometric instruments, student therapist liaison, administrative duties, managed crisis, assisted therapists in case management, assisted in policy development and implementation.

July 1991 - May 1994. Assistant Complex Director, Texas Tech University. Lubbock, Texas. Supervised, trained and advised 30+ staff members in 500 student residential hall.

Recent Seminars and Presentations (Partial List)

Leadership Development for Business. 2008. VNPT National Communications Company of Vietnam. Five part workshop focusing on leadership and personal development.

Kid's First: Putting Kids Needs First in Divorce: 2008 Monthly presentation through the Family Court of Hawaii to divorcing parents.

Understanding Conflict in the Workplace. 2008. Aloha Nursing

Teamwork and Communications. 2008. Clifford Projects Architects.

Adapting to Chang. 2008. GEICO full day workshop.

Thinking Outside the Box. 2008 Installation Command Pacific, Ft. Shafter, Honolulu.

Understanding Emotional IQ in the Workplace. 2008. Pacific Construction of Canada.

Understanding and Reducing Stress 2007. Honolulu Vicariate Catholic Church workshop for clergy.

How to Have a Healthy Workplace 2007 Society of Women Accountants presentation

Understanding and Working More Effectively with Others. 2007 American College of Emergency Physicians annual retreat Kona.

Using Stress and Managing It in the Workplace 2007 Filipino Junior Chamber of Commerce workshop.

Managing and Understanding Conflict: 2007 Army Natural Resources. Presentation

Improving Workplace Health 2007 Hawaii Employer's Council presentation.

Developing Healthier Workplaces: How HMSA and HPA Work to Promote Total Health in the Workplace. Presentation October 2005 Hawaii Psychological Association Annual Convention.

University of Hawaii Medical Residency Training Workshop. 2007. Workshop to help new physicians understand and work with different personalities more effectively.

Writing and Research Experience (partial list)

Monday's Motivation. (2001- 2008). Weekly on-line motivational message subscribed to by 750+ people around the world.

Hawaii Psychological Association Legislative Newsletter. 2001- 2004. Writer and editor of semi-monthly electronic newsletter highlighting and educating psychologists on legislative issues.

2002 Higher, Faster, Stronger Workbook. (2002). Character development workbook for teens and their families.

2001 Higher, Faster, Stronger Workbook. (2001). Character development workbook for teens and their families.

Chaminade University Emergency Readiness Manual. (2000). Authored campus-wide disaster response manual and coordinated various departments.

1997 Association for Experiential Education International Therapeutic Adventure Conference Proceedings. (1997). Editor. Conference Proceedings. Association for Experiential Education. Boulder, Colorado.

Kopf, D.M. (1997). *Chaminade Counseling Center Campus Needs Assessment Survey*. Unpublished report. Chaminade University, Honolulu, Hawaii.

Kopf, D.M., Robitschek, R. (1997). *The Effects of Sequencing on Challenge Course Group Development*. Doctoral dissertation. Texas Tech University. Lubbock, Texas.

Kopf, D.M. (1995). *University of Hawaii Counseling and Student Development Center Pre-doctoral Intern Handbook*. Unpublished training manual. University of Hawaii at Manoa. Honolulu, Hawaii.

Kopf, D.M. (1993). *Roommate Living Habits and Their Effects on Friendship Development*. Unpublished master's thesis, Texas Tech University, Lubbock.

Wong, F., Gross, M. A., Kopf, D.M., Molina, M. M., & Worchel, S. (1991). *In-group Favoritism as a Function of Group Related Priming*. Paper presented to 1991 APA Annual Convention.

Media Experience (Partial list)

DrKopf.com. Webpage content and developer. Information for individuals and organizations seeking psychology related services.

Higher, Faster, Stronger 2000-2003. Program developer for TV based character development program for teens and their families.

Mental Health Issues in Hawaii. Guest on Duke Bainum Radio Show.

Higher, Faster, Stronger Inspirational Tour. Series of 20 presentations to teens and their supporters. Various venues including Ala Moana Center stage, and high schools throughout the state.

Resiliency in the Face of Difficult Times. Interview KFVE Channel 5 Evening News Health Report.

Can Patriotism Serve as a Healing Factor after September 11th? Interview KFVE Channel 5 Evening News Health Report.

Dealing with Family Over the Holidays. Interview Fox KHNL Channel 2 Morning Show.

Keeping to Your New Year's Resolutions. Interview Fox KHNL Channel 2 Morning Show.

Our Town: Dealing with the Emotional and Psychological Impact of September 11th. Channel 26, Trinity Broadcasting. 30 minute TV talk show guest.

Professional Associations

American Psychological Association
Division 17 -Counseling psychology
Division 42- Independent practice
Hawaii Psychological Association
Legislative Committee
Federal Advocacy Coordinator
Public Relations Committee
Psychologically Healthy Workplace Award Committee
Chair of committee
Hawaii Psychological Political Action Committee

Community Service Committees and Consultation

Kids First program for Family Court of Hawaii
Gubernatorial appointee to the Diamond Head Service Area Mental Health and Substance Abuse Board 2000-2004.
Newman Holy Spirit Parish Council 1998-2001.
Welcoming Church Committee Assessment. Chaired a committee of parishioners through a 20 month process of organizational assessment involving 500 church members and staff. Including data gathering, analysis and report.
YMCA Camp Erdman Challenge Course Volunteer
American Diabetes Association Volunteer
Americorp Youth Team Development Corp
Kua Loa Ranch Ropes course Consultant

Honors and Awards

Professional

Hawaii Psychological Association 2006 Distinguished Service Award

College and High School

National Merit Scholar Semifinalist
Eagle Scout- Boy Scouts of America.
St. Bernard Silver Award- High School's highest honor.
Academic Merit Scholarship
Loyola University Dean's List
Texas A&M University Dean's List five semesters

